

APOGEE ADVENTURES

2026 Iceland Mountains & Coast

Summarized Itinerary

Trip Begins: Keflavík, Iceland

Trip Ends: Keflavík, Iceland

- Day 1:** Our group will meet at Iceland's primary airport just outside the capital city of Reykjavik early on Day 1. Once everyone has arrived, we will make the transfer north to our first campground in the fishing town of Grunðafjörður, home to the iconic Mt. Kirkjufell. There, we'll shake off the jetlag, get to know each other, and make a tasty dinner before heading to bed early to rest up for our adventure.
- Days 2-3:** For our two full days in Grunðafjörður, we will center our attention on the spectacular Mt. Kirkjufell. We'll spend one day kayaking the bay surrounding the majestic Mt. Kirkjufell and another day hiking the trails surrounding the mountain, taking in stunning views of waterfalls, mountains, and ocean along the way.
- Days 4-6:** On Day 4, we will transit to Vík, a small town on the island's south coast. On our way there, we'll take a pit stop at the stunning Hvammsvík Hot Springs. We'll soak in natural geothermal hot springs that overlook the beautiful waters of Hvalfjörður. The brave ones among us will jump into the ocean (before running back into the warmth of the hot spring pools). Once in Vík, we'll spend the next few days exploring the area's famous black sand beaches and hiking up into the picturesque hills above town. On our hikes, we'll catch glimpses of the nearby glacier from a mountain summit and view the awe-inspiring Reynisdrangar Sea Stacks from high above the waves below (and if we're lucky, we'll even see some puffins flying along the cliffs!).
- Days 7-10:** On Day 7, we will transit east to Skaftafell, a region within the Vatnajökull National Park, home to dozens of beautiful hiking trails. On our first full day in Skaftafell, we will meet up with our professional guides and explore a branch of the Vatnajökull glacier – Europe's largest glacier! Our guides will teach us how to don our crampons and wield our ice picks and we'll begin our trek along the glacier, taking in the unique colors and formations of the ice that surrounds us. We'll spend the remainder of our time in Skaftafell hiking some of the most spectacular trails Iceland has to offer, exploring glacial plains and marveling at the impressive columnar basalt formations under the many waterfalls.
- Days 11 & 12:** We will wave goodbye to the Skaftafell Glacier on the morning of Day 11 and transit back to Reykjavik – (with a brief stop at the world famous Seljalandsfoss waterfall, of course!). We'll then head into Reykjavik to explore the unique city before enjoying a celebratory dinner together – a great way to cap an amazing adventure. Finally, and reluctantly, we'll head back to the airport on Day 12 to bid our new friends farewell.

Please note that all itineraries are subject to change.

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