## APOGEE ADVENTURES 2026 Colorado's Rocky Mountains Summarized Itinerary

**Trip Begins:** Denver, Colorado **Trip Ends:** Denver, Colorado

Day 1: Our group will meet at the Denver Airport this morning. Once everyone's bags have been collected,

we will load up the van and make our way to Grand Lake and the western edge of Rocky Mountain National Park. We will spend our first afternoon familiarizing ourselves with our camping gear, getting to know one another, playing games, and getting excited about our adventure ahead.

Days 2-3: Over the next two days, we will explore the beautiful lakes and trails surrounding Grand Lake. As we

hike through this side of the Park, we will keep our eyes open for local wildlife, including foxes, black-billed magpies, elk, and moose. These hikes will also serve as an excellent introduction to trekking at altitude—we will move slowly, take in the scenery, and stay well hydrated. Traveling toward our next destination, we will drive along Trail Ridge Road, the highest continuous road in the United States. Along the way, we will stop to visit the highest Visitor Center in the National Park system—located at nearly 12,000 feet above sea level—and enjoy sweeping 360° mountain views.

**Day 4:** Giving our legs a rest, we will spend Day 4 learning the fundamentals of rock climbing with

professional guides. After being outfitted with shoes, helmets, and harnesses, we will practice belaying and climbing techniques and even have the chance to complete an aerial traverse between two cliffs. A variety of routes will be available, ensuring a fun and rewarding challenge for both

experienced climbers and first-timers alike.

Days 5-6: For the next two days, we will camp inside Rocky Mountain National Park, just outside the charming

mountain town of Estes Park. From there, we will day-hike and explore the spectacular eastern side of the Park. Our hikes will gradually increase in length and elevation as we make our way to the base of 14,000-foot peaks and stunning alpine lakes. Weather permitting, we may even attempt to

"bag" a peak over 12,000 feet—a true high point of the trip, both literally and figuratively!

**Day 7:** We will trade packs for PFDs on Day 7 as we embark on an exciting whitewater rafting adventure

with our professional guides. Navigating the Class II and III rapids of the Poudre River near Fort Collins, we are sure to get wet, laugh hard, and create memories that will last long after the trip

ends.

**Day 8-9:** On our final full day together, we will spend the morning participating in a meaningful service

project—either in Rocky Mountain National Park or at a local food bank near Louisville, Colorado. Afterwards, we will clean up and head to downtown Boulder for a celebratory dinner at a local restaurant—a perfect way to cap an incredible adventure. On our final morning, we will return to the Denver Airport to say our farewells, reflecting on the unforgettable experiences and friendships

we formed along the way.

Please note that all itineraries are subject to change.