## APOGEE ADVENTURES 2026 Maine Coast Junior Summarized Itinerary

**Trip Begins:** Wakefield, Massachusetts (flights into Boston, MA) **Trip Ends:** Wakefield, Massachusetts (flights out of Portland, ME)

- Days 1 & 2: After meeting in Wakefield, just outside of Boston this afternoon, we will make our way north by van and trailer to our first campground in the great state of Maine. We will play get-to-know-you games, set up our tents, and prepare dinner before gathering around our first campfire of the week. The following morning, our professional sea kayaking guides will lead a paddling safety and skills orientation before we spend the morning exploring the beautiful, protected waters of Casco Bay. Later in the day, we will travel "Downeast" to Mount Desert Island and Acadia National Park—the Eastern Jewel of the National Park System—which will serve as our home and playground for the next several days.
- Days 3 & 4: Over the next few days, we will explore the many corners of Acadia and the charming coastal town of Bar Harbor. We will hike through pine-forested hills to take in sweeping ocean views and watch lobster boats working near the shore, cool off with a swim at Sand Beach, and visit Bass Harbor Head Light—one of Maine's most iconic lighthouses. We will also explore Bar Harbor's vibrant downtown and enjoy a seaside picnic on the rocky bluffs before returning to camp for dinner and s'mores around the fire.
- Days 5 & 6: On the morning of Day 5, we will enjoy one final scenic hike in Acadia before returning to Freeport, Maine, and the shores of Casco Bay, where we will spend our last two nights together. During this time, we will dedicate a half day to meaningful volunteer work with a local community organization, then celebrate our trip's success with a final dinner at a local restaurant—a wonderful ending to a fantastic week.
- On the morning of Day 7, we will wake up and pack up camp one last time. We will then travel south to say our fond farewells, reflecting on an incredible week and promising to stay in touch with new friends.

Please note that each Maine Coast Junior group may experience the activities listed above in a slightly different order. All itineraries are subject to change.