

APOGEE ADVENTURES

2026 New England Mountains & Coast

Summarized Itinerary

Trip Begins: Wakefield, Massachusetts (flights into Boston, MA)
Trip Ends: Wakefield, Massachusetts (flights out of Portland, ME)

- Days 1-2:** Our group will meet outside of Boston in Wakefield this afternoon. From there, we will load up our van and trailer and travel to the White Mountains of New Hampshire, where we will spend our first afternoon familiarizing ourselves with our camping gear, getting to know one another, playing games, and getting excited about the adventure ahead. On Day 2, we will hit the trail running (figuratively, of course) as we set out to explore the beauty and excitement of the White Mountains.
- Day 3:** A short drive from our basecamp in the Whites will bring us north to the shores of the Androscoggin River. Here, we will meet our professional rafting guides, get oriented, and prepare for an exciting day on the water. We will paddle the fun, fast-moving Class II and III rapids of the Androscoggin, taking time to enjoy the calmer sections with a swim or a splash along the way.
- Days 4-6:** For the next several days, we will hike and explore the spectacular Presidential Range of New Hampshire's White Mountains. From our basecamps in Pinkham Notch and Crawford Notch, in the heart of the White Mountain National Forest, we will spend our days picnicking above the tree line, admiring alpine valleys, and watching for wildlife in the New England woods. Weather permitting, we may even "bag" a few of the range's famous peaks—including Mount Washington—a true high point of the trip, both literally and figuratively.
- Day 7:** On Day 7, we will leave behind the pine-scented forests and riverbanks of northern New Hampshire for Maine's rocky coastline. That afternoon, we will give back to the local community through a meaningful volunteer service project with one of several partner organizations.
- Day 8:** On our final full day together, we will meet our professional sea kayaking guides for a paddling safety and skills orientation before setting out on the protected waters of Casco Bay near beautiful Orr's Island. We may even have time for one last swim before heading to Portland's Old Port for a celebratory dinner at a local restaurant—a perfect way to end a quintessential New England adventure!
- Day 9:** Day 9 marks our final morning together. After packing up camp one last time, we will make our way back toward Wakefield to say our farewells, reflecting on an unforgettable nine days together and promising to stay in touch with new friends.

Please note that each New England Mountains & Coast group might experience the activities above in a slightly different order. All itineraries are subject to change.

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